

# **Annual General Meeting: Friday 19 November 2021**

#### 1. Welcome

Housekeeping and a summary of the evening's agenda was given by Paul.

### 2. Agreement of previous years minutes

As the previous year's AGM was held online, no minutes were available.

## 3. Chairman's Report – Paul Grindley

Current members stand at 154 with new enquires continuing to come in. Paul stated that all were athletes regardless of current ability or distance and encouraged everyone to keep running.

## 4. Treasurer's Report - Nick Leathley

Nick read through the financial statements that were provided on the tables for members.

Nick thanked Chris Hill for his help in auditing the accounts. The club has good accounts at present. There is a current profit of £780 discounting the contingency we hold in reserve for costs associated with the Chevin Chase and the profit will be reinvested in the club through training Run Leaders and coaches.

No Run Leaders were trained last year as the club thought more benefit would be had from waiting until face to face training was made available, rather than online, however we do have members who would like to do the Run Leader training.

The main impact on finances are new club memberships. For the £30 membership fee £15 goes to England Athletics and £15 to the club which pays for new members' T-shirts. New memberships are at a loss to the club with EA fees rising to £16 this year, but total at £17 once club fee is added.

Fees for the use of Aireborough Leisure Centre are £600.

He mentioned the annual meal has been booked for Saturday 8<sup>th</sup> January at the same venue (Bradford Golf club) and rates as the previous one, and hoped that members would join us to celebrate.

#### 5. Race Director's Report - Ewen Pearson

No Chevin Chase was held last year due to covid, but we are back in 2021 and all places have been allocated. We are looking forward to a great race.

An email has gone out requesting members to sign up to marshalling so Ewen encouraged all who had not yet done so to reply to the email to confirm if they can assist.

#### 6. Election Of Committee Members

| Post                      | Member                | Proposed        | Seconded        |
|---------------------------|-----------------------|-----------------|-----------------|
| Chair                     | Paul Grindley         | Melissa Owens   | Liz Cook        |
| Treasurer                 | Carly Dykes           | Lynda Parkinson | Dave Cook       |
| Run Leader<br>Coordinator | Carole Keighley       | Helen IIIman    | Adrian Williams |
| Race Director             | Ewen Pearson          | Melissa Owens   | Ruth Murphy     |
| Membership<br>Secretary   | Janice Chruscht       | Helen Waite     | Liz Cook        |
| Social Secretary          | Carly Dykes           | Ewen Pearson    | Gary            |
| Social Media<br>Officer   | Helen Illman          | Cath Brown      | Bernie Murphy   |
| Welfare Officer           | Lynda Parkinson       | Helen Illman    | Ruth Murphy     |
| Minutes secretary         | Dorothy<br>Darnbrough | Ewen<br>Pearson | Dave Cook       |

Paul thanked the committee members who are retiring and welcomed the new electees

## 7. Presentation of club awards by Paul & Carole

### 8. Run Leaders Awards:

Lynda Parkinson

**Amanda Connolly** 

**Margret Britton** 

Richard Walker

Helen Alcock

Izzy Hainsworth-Brear

Cath Tindall

Many thanks to all Run Leaders for their continued commitment and support

## 9. Team Spirit awards

Sean Carragher

Adrian Williams

Liam Oliver

Linda Lofthouse

Andy Gledhill

Meghan Dennison

#### 10. Most Improved Member

Marianne Smith.

#### 11. Most Promising Newcomers:

Louise Biddulph

Sarah Lund

**Amy Travis** 

### 12. Lord Archer Award (TT)

Liam Oliver

Sue Milnes

#### 13. Chevin Chase Handicap

**Amy Travis** 

## 14. Outstanding Achievement Award

Helen Waite - female winner of the Punk Panther Ultra Series.

#### 15. Pacer of the Year award

Margaret Britton

Congratulations to all award winners

## 16. Guest Speaker. Mark Wilkinson- Paragon Physiotherapy/Run Right

Physio based in Skipton who posed the question – "who taught you to run?"

Explained his experience of resolving sports injuries and how prevention would be far more effective than treatment if people developed the right running techniques.

Live demonstration with some volunteer members regarding how stability was so important in preventing injury.

#### 17. Guest Speaker: Johnny Brownlee

Great interactive Q&A session with the six-times World Champion and triple Olympic medal winner. Members asked various questions regarding his inspiration & career.

Johnny recalled some interesting anecdotes and named his brother Alastair as being his life-long inspiration. He also revealed that if his athletic career hadn't worked out, he would have been a teacher.

His closing message was: "Keep at it & enjoy it"

#### 18. London Marathon Draw.

There were eight entrants for the draw this year. However as the ballot has not been drawn, it was decided to pick three possible entrants, rather than a runner & first reserve as previously.

First out of the hat was Heather Dawson. First reserve Helen Waite, and second reserve Ruth Murphy.

Should any of these ladies get a place through the ballot, the club place will go to next in line.

#### 19. A.O.B.

Paul thanked the members for attending and drew the AGM to a close.

