**Airecentre Pacers AGM**

**2nd December 2022**

**@ Guiseley Theatre**

The meeting was opened with a welcome from Paul Grindley (Chairperson) for the club. He stated that the meeting was both and AGM and Awards evening and he promised to keep the boring part brief. He apologised for not knowing everyone and stated that they had a plethora of awards to distribute and two brilliant Guest Speakers. He went on to state it was his 5th year as chair because no one has opposed him or wanted the role.

**Treasures Report**

Carly Dykes (Hon Treasure) stated that when she took on the role this year she hadn’t realised that standing up and speaking in front of everyone was part of the job when she took on the role.

She thanked Nic Leathley for his assistance this year and Chris Hill for his help with putting the account together.

To keep AGM brief she stated that she didn’t intend going through the accounts as there were copies on the tables to read. But went through the Chevin Chase donations to charity.

**Run Leaders Report**

Carole Keighley as Run Leader co-ordinator. She stated that we had a healthy number of Run Leaders with 3 new ones qualifying this year. Then went on to thank the Run Leaders for giving up their time and stated that the club always need new leaders if anyone is interested and that an individual could sart by supporting a run leader prior to undertaking the qualification course.

Post Covid the Club now runs a wide variety of run sessions.

**Chevin Chase**

A report from Ewen Pearson (Race Director Chevin Chase) started with a look back over the year and feedback from Runners and Marshalls.

Consensus from runners was a good run with brilliant support from both spectators and Marshalls and thanking Marshalls.

Also positive feedback from Marshalls

How can we improve it? We look to sourcing Bands/Musicians to play at start and/finish and on route but been unsuccessful. We have organised MacMillan collections on route. The number of runners has been increased to 2000 to create more opportunities for participation and to reduce the bottleneck on Mall Lane by creating 2 waves.

Ewen asked for suggestions for charities for the proceeds from the race to support, stating that we would be looking at small local charities.

After this year’s race he will be looking for feedback as to how the race can be improved, in particular in the areas of congestion and overtaking issues.

He finished by thanking those who have volunteered to be Marshalls but stated we can always use more.

**Election of Committee**

Paul Grindley stated that there was only one person stepping down from the committee (Lynda Parkinson) and one person wishing to join the committee. To this end he named committee members and asked for a proposer and second for each post.

Chair – Paul Grindley – Proposer – H Alcock Seconder – C Dykes

Treasurer – Carly Dykes – Proposer – D Darnbrough Seconder – C Stothers

Run Leader Coordinator – Carole Keighley - Proposer K Hill Seconder R Walker

CC Race Director – Ewen Pearson – Proposer - C Dykes Seconder – H Alcock

Membership Secretary– Janice Chruscht – Proposer - C Stothers

 Seconder – S Molyneux

Social Secretary Carly Dykes & Carole Keighley – Proposer-T Gifford

 Seconder – C Hill

Welfare Officer – Eleanor Thomson – Proposer -T Gifford Seconder – L Biddulph

Minutes Secretary – Dorothy Darnbrough – Proposer - E Pearson Seconder – C Hill

**Awards**

**Peco Awards** – given to those who participate in every Peco Race in the season.

Andrew Humphries, Richard Walker, Derek Lee, Gina Williams, Kate Humphries, Carole Keighley, Evie Walker, Monty Walker and Fraser Lee.

**Harrogate Summer League** – 3 managed all the races

R Walker, C Milner**,** Poppy Cartwright.

**Age Category Awards**

Open Female: 5km, 10km ½ Marathon & Full Marathon – Poppy Cartwright

Female 40-45: 5km & ½ Marathon – Janice Chruscht

Female 40-45: Full Marathon Heather Freeman-Dawson

Female 40-45: 10km – Francesca Gatenby

Male 40-45: 10km & Full Marathon – Andy Smith

Female 45-49: 5km, 10km, ½ Marathon & Full Marathon – Brenda Peake

Male 45-59: 5km, 10km ½ Marathon & Full Marathon – Richard Walker

Female 50-55: 5km & ½ Marathon – Sharon Elms

Female 50-55: Full Marathon – Cathy Stothers

Male 50-55: 5km & 10km – Craig Hoos

Female 55- 59: 5km, 10km & ½ Marathon – Isobel Hainsworth-Brear

Female 60-65: 5km, 10km, ½ Marathon and Full marathon – Carole Keighley

Male 60-65: ½ Marathon – Nick Leathley

Male 60-65: 5km & 10km – Andy Gledhill

**Refreshments**

**Awards Continued**

Paul Grindley welcome everyone back for a continuation of Awards Presentation.

**Team Spirit Awards**: Jacqui Reid, Sue Milnes & Andy Coupe

**Endurance Award**: Cathy Stothers & Louise Holloway

**Promising Newcomers:** Brenda Peake, Gina Williams & Eleanor Thomson

**Continuous Improvement**: Poppy Cartwright

**Most Improved**: Louise Kirwin

**Club Recognition Award**: Richard Walker, Janice Chruscht & Philip Bland

**Outstanding Achievement Award**: Andrew Humphries

**Lord Archer**: Richard Hainsworth & Sharon Elms

**Club Handicap**: Graham Turner

A gift to Lynda Parkinson for all her hard work on the committee for the last 4years

**Committee Award**: for her outstanding work on the committee in taking over Treasurer Role last year. Always brings ‘merriment’ to the meetings – Carly Dykes & Ewen Pearson for all his hard work as Race Director.

**Pacer of The Year**: Sarah Lund – Sarah stated that being she has been a member of the club for 2 years and loved every minute.

**Guest Speakers**

Paul Grindley stated that there were 2 guest speakers tonight. First is one of our own members **Andrew Humphries.**

**Andrew** stated that he had been a member of ACP since 2017 and went on to talk about his last year which started with him fitting training in around his babies sleep patterns and working on the treadmill and resulted in him being apart of Zwifts Academy Run team and competing in the Berlin Marathon. He managed to do all this and fit in marrying Kate amongst it.

He talk about the training and preparation, including the challenges. Then went to talk about the race.

“Race week arrived and I met with the team who were from all around the world”. He stuck with the race plan and all was going well till he started to suffer from cramp. He struggled on but still managed to finish in 2.29.46.

“The event meant just meant so much and drove me”

Andrew then accepted questions from the floor.

 Katy Hill said he was very inspiring

Andrew stated that the diet plans were hard and time consuming.

Paul Grindley thanked Paul and then went on to introduce the next speaker **Georgia Taylor-Brown.**

He stated that they had something in common as they both came from Manchester, moved to Leeds and stayed here. He went on to talk about her achievements over the last few years- Commonwealth & Olympic Medallist.

Georgia the asked for question from the floor. Mentioning in amongst this:

She had brought her Commonwealth medals with her but her Olympic medals are at her Mums.

She doesn’t drink much alcohol.

Talked about her journey into the British Triathlon Team and where she is now.

Her issues with her bike at the Tokyo Olympics, she had to think fast and forward.

Paul thanked her for time and an interesting session.

**London Marathon Draw**

Paul had placed the 8 names in the hat and asked Georgia to draw the winning name out. **Helen Alcock.**